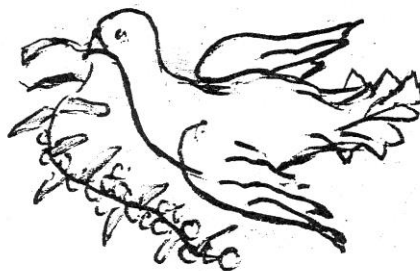


Active Hope Workshop



ACTIVE HOPE: How to face the mess we're in without going crazy

We invite you to our Active Hope workshop on **Saturday 8 April 2017**, 10am-4.30pm at Pucks Oak Barn, The Street, GU3 1EG, in Compton near Guildford.

When we are faced with an almost impossibility, when we need to dig deep into our inner resources, will your most hidden qualities be revealed to you; will you discover your inner strength.

The time has come to stand up and to accept the challenge; the challenge to turn our money-driven and lonely society into caring communities, the challenge to turn the Earth from a warehouse and cesspool into a beautiful and life-sustaining organism. Together we can do it. This Active Hope workshop will give you the tools to prepare you: it will strengthen, energise and inspire you to connect with your inner strength and the wider community.

"When we get right down to it, all that is needed is a change of mind, and minds can change very quickly. It is a new awareness, rather than any technological fix, that will ultimately set us upon the right course." Albert Bates

The cost for this workshop is £30. For people who are already involved or will soon get involved in 'saving the Earth' the cost is £20; or any time/skill or home-made produce exchange. We will be actively working with nature as a co-facilitator, so some of the day will be spent outside. Please bring a lunch to share and outdoor clothing.

For a taste of this workshop watch: <https://www.youtube.com/watch?v=sdn-KZLJunM>

APPLICATION FORM

Name:

Address:

Email address:

Delete what does not apply: I pay:

£30

£20: I am involved in voluntary work/intend to get involved in voluntary work.

If no money: what skill/time or home made produce can you exchange?

I will come by car and will pay £3 extra (share this when taking passengers)

I will come by public transport and need a lift from Guildford/Farncombe (delete) station

Please send cheque (payable to J. Al-Zuhairi) to: 211 Grange Road, Guildford, Surrey, GU2 9QX.

For more information, contact Joanna Al-Zuhairi (joanna@naturelax.co.uk)

Mobile phone: 078678 03871

DIRECTIONS

http://www.surreycc.gov.uk/_data/assets/pdf_file/0007/49912/Pucks-Oak-Barn.pdf

When coming from the A3 turn left into The Street and the barn is on the right after St. Nicholas Church and just before the Thai restaurant the Lemongrass.